

Job Title: Certified Athletic Trainer
Department: Rehab Services
Classification: Exempt
Reports to: 1. Rehab Services Manager
2. VP of Operations

Summary

To perform duties and be accountable for responsibilities of a Certified Athletic Trainer as defined by the National Athletic Trainers Association, in association with the PA State Board of Medicine. To promote and coordinate Titusville Area Hospital Sports Medicine/Rehab program.

Essential Functions

- Evaluates, treats, rehabilitates and returns to activity injured athletes.
- Adjusts communication style to suit the student athlete /responsible adult/coach, level of understanding regarding injury status, progression, and practice modifications that are recommended until return to full participation.
- Communicates with members of the TAH Sports Medicine/Therapy department routinely regarding workload.
- Acts as a liaison between high schools, coaches, parents, physicians regarding the student athlete.
- Confers with members at high school athletic departments to contribute to and improve the total care of each athlete participating in interscholastic activities.
- Consults with coaches and parents on the recognition and care of injuries, development and implementation of programs, other issues concerning the health and fitness of athletes.
- Advises the coaching staff whether an injured athlete should return to participation, when providing medical coverage for an event in the absence of licensed physician.
- Documents on medical record according to department policies and procedures, diagnosis of injury, treatment and rehabilitation programs.
- Accurately and correctly follows physician orders when treating and rehabilitating injured athletes.
- Monitors progress/response to therapy and alters treatment plan as required and also corresponds with referral source as required.
- Demonstrates a commitment to preventative programs that may help reduce the risk of injury and enhance athletic performance.
- Obtains demographic and health care plan information from the athlete.
- Assists in care and maintenance of department equipment and supplies.
- Coordinates work schedule and oversee safe use of Sports First Aider (SFA) to achieve maximum productivity and efficiency within allowable scope of responsibilities.
- Demonstrates active participation in daily departmental functions and program development.
- Utilizes the ImPACT program effectively and efficiently.
- Performs / demonstrates knowledge regarding wrestling weight certifications and weight management activities.
- Participates in annual re-credentialing and orientation of SFA staff and CPR/First Aid classes for coaches/personnel.

- Aware of adolescent issues associated with body image, social environment.
- Performs evaluations in accordance with developing coordination and muscle strength and with awareness of mechanism of injury and post-op care (as indicated).
- Utilizes handouts to reinforce material; child/teen
- Involves family/student athlete/significant others in education
- Documents outcomes and progress with therapy
- Recognizes and reports norms not at age level
- Ensures safety in treatment environment and limitations of the student athlete when treating
- Performs other duties as assigned.

Education/Experience

- Must have National Athletic Trainers Certification and State Certification (Level A). Professional affiliations with the Pennsylvania Athletic Trainers Society and the National Athletic Trainers Association.
- Must be able to communicate and effectively exchange information and follow directions with: Certified athletic trainers, physicians, physical therapists, and interdisciplinary team members regarding athlete treatments and observations. Athletes, families and/or caregivers to provide explanation of procedures and treatments.
- Organizational skills and initiative necessary to implement athletic injury care appropriate to the athlete, and function within the Sports Medicine department.
- Knowledge of use and performance with equipment used for athletic training/conditioning/rehabilitation. Must have ability to learn and use non-patient equipment such as computer, calculator, copier, phone, and fax machines.
- Ability to concentrate, plan, prioritize and react calmly in the health care setting to resolve athlete care problems, interact with athletes' families and other team members, occasional stressful situations.
- Current BLS Healthcare Provider card.

Knowledge, Skills and Abilities

- **Required to maintain absolute confidentiality of patient care, patient accounts and hospital related matters.**
- **Required to abide by, and comply with, the provisions of the TAH Corporate Compliance Policy.**
- Required to utilize positive Guest Relations principles in all interactions with patients, families, coaches, peers, third party payers and all members of the healthcare team.
- Required to establish and maintain the ability to communicate effectively both verbally and in writing with a variety of socioeconomic, religious and culturally diverse populations of patients, clients, families and the general public in order to gain confidence and cooperation and to establish and maintain contact with facility staff and others.
- Required to abide by, and comply with, established Departmental and TAH policies, procedures and standards.
- Required to establish and maintain acceptable level of attendance.
- Required to perform the duties of the position in a safe and efficient manner.
- Required to assist in maintaining the cleanliness of the work areas.

- Ability to remain calm and perform effectively during critical/emergency situations and pending deadlines.
- Ability to adapt to a wide range of physical and emotional situations and to seek assistance in the application of procedures sufficient to overcome problems.
- Ability to adapt working times or methods and perform effectively in order to meet established, critical deadlines.

Work Environment

- Variable environments depending on needs/schedule.
- May work in a hospital clinic site providing services as well as various school sites within the school district services are contracted to.
- Sit/stand/walk required each day.
- May need to transport self to off hospital sites.
- Hours of work variable based upon school needs and agreed upon by involved parties.
- Evenings and weekends required.

Physical Demands

- Strength: Heavy Work -Lifting, Carrying, Pushing, Pulling 50 - 100 Lbs. occasionally, 20 - 50 Lbs. frequently, 10 - 20 Lbs. constantly.
- Climbing: Occasionally - Ascending or descending ladders, stairs, scaffolding, ramps, poles, and the like, using feet, and legs or hands and arms. Body agility is important.
- Stooping: Frequently - Bending body downward and forward by bending spine at the waist, requiring full use of the lower extremities and back muscles.
- Kneeling: Frequently - Bending legs at knees to come to rest on knee or knees.
- Crouching: Frequently - Bending body downward and forward by bending legs and spine.
- Reaching: Frequently - Extending hand(s) or arm(s) in any direction.
- Handling: Frequently - Seizing, holding, grasping, turning, or otherwise working with hand or hands. Fingers are involved only to the extent that they are an extension of the hand, such as to turn a switch or shift automobile gears.
- Talking: Occasionally - Expressing or exchanging ideas by means of the spoken word to impart oral information to clients or to the public and to convey detailed spoken instructions to other workers accurately, loudly, or quickly.
- Hearing: Occasionally - Perceiving the nature of sounds by ear.
- Near Acuity: Occasionally - Clarity of vision at 20 inches or less.

Positions Supervised

None